



## BFood

### Your One-Stop Shop for the Entire B Vitamin Complex!

When your body is running low on one or more of the B vitamins in the B vitamin complex, you're likely to experience any number of symptoms, including emotional problems, anxiety, chronic fatigue, anemia, difficulty concentrating, exhaustion, body pain, irregular heartbeat, and excessive physical and mental stress. Because B vitamins are needed for the production of hydrochloric acid, digestive problems may also result from deficiency.

Recharge Your Batteries and Tune up Your Nerve Transmission with BFood!

### SUPPLEMENT FACTS

Serving Size: 6 tablets  
Servings per container: approx. 42

	Amount Per Serving	% Daily Value
Proprietary Blend	1890mg	*
Nutritional Yeast, Organic Brown Rice, Wheat Germ, Liver (bovine grass-fed, free-range, lyophilized), Organic Barley Malt, Organic Astragalus Root, Organic Oat Bran, Organic Beet Root, Wildcrafted Fig Fruit, Organic Sunflower Seed, Organic Vanilla Bean, and Date Fruit		

\* Daily Value Not Established

Other ingredients: Microcrystalline Cellulose, Silica, Hydroxypropyl cellulose, and Croscarmellose sodium

### The Vitamin B Complex Supports...

- Brain function
- Nervous system
- Energy production
- Digestion and elimination
- Blood sugar balance and carbohydrate metabolism
- Metabolism of proteins and lipids
- Red blood cell production
- Enzyme systems
- Growth and development
- All organs, especially the liver, heart, and kidneys
- Maintenance of mucosal, epithelial, and eye tissues

For support, adults are recommended to take 6 tablets or 1 tsp. of powder daily, or as directed by a healthcare professional.

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See more at: <http://nutriplexformulas.com/our-products/bfood>